

Aaron Mitchum

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CREDENTIAL, EDUCATION, TRAINING EXPERIENCE

Licensed Professional Counselor, State of Kansas: 2560

Master of Arts Counseling

Mid-America Nazarene University, Olathe, KS, CACREP accredited

Bachelor of Arts in Biblical Studies

Mid-America Nazarene University, Olathe, KS

Certificate of Psychoanalysis

Brookhaven Institute for Psychoanalysis And Christian Theology, Allentown, PA

- M.A. Counseling Internship, Resonate Relationship Clinic (May 2013 – May 2014)
- M.A. Counseling Internship, Serenity Life Resource Center (May 2013 – May 2014)

CURRENT PROFESSIONAL POSITIONS

Licensed Clinical Professional Counselor, Private Practice, Overland Park, KS (2016 – Present)

- Contracts with Overland Park Regional Hospital
- Maintain an ongoing counseling practice group (skills that would allow me to understand employee concerns and foster a positive work environment)
- Contracting & Onboarding
- Talent/Professional Development
- Marketing: website development, SEO development, sales and ads, event planning, etc.
- Sales
- Human Resources: performance management & contractor relations
- HIPAA compliance
- Mentorship, pre-and post license supervision

Adjunct Professor, Counselor, and Guest Lecturer, Mid-America Nazarene University, Olathe, KS

VOLUNTEERING

Current Board Member, Youthfront, Inc.

- Diversity, Equity, Inclusion & Belonging Pay equity
- CEO transiKon
- Counseling Center Oversight

Current Board Member, Center for Christianity & Psychoanalysis

- Marketing and Website Development
- Community Building

PUBLICATIONS

- Mitchum, A. (2010). *Bleed Out: Stories of Christ Like Compassion*. Kansas City, MO: Nazarene Publishing House.
- Bloom Books: Everyday Practices For A Flourishing Faith. Kansas City, MO: Barefoot Publishing:
 - Folmsbee, C., Mitchum, A. (2011). *Prayer*.
 - Folmsbee, C., Mitchum, A. (2011). *Fasting*.
 - Folmsbee, C., Mitchum, A. (2011). *Study*.
 - Folmsbee, C., Mitchum, A. (2011). *Solitude*.
 - Folmsbee, C., Mitchum, A. (2011). *Journaling*.
- Mitchum, A. (2011). *Pleasures of the Imagination*. Immerse: A Journal of Faith, Life and Youth Ministry, 1, 20-30.

INVITED PROFESSIONAL & ACADEMIC PRESENTATIONS

Mitchum, A. Incorporating Memory Reconsolidation and an Updated Theory of Mind from Neuropsychanalysis into Clinical Work. 2024. Greater Kansas City and Topeka Psychoanalytic Center. Online.
Mitchum, A., Giocondo, L. Trauma and Hope: Healing From Emotional Wounds. 2024. Christ Church Anglican. Overland Park, KS

Mitchum, A. Depression and Therapy. Christ Church Anglican. 2023. Prairie Village, KS

Mitchum, A. Feeling Thinkers or Thinking Feelers. Center for Christianity & Psychoanalysis. 2023. Online
Hoard, P., Mitchum, A. Assessing Fantasies for Acting Out. Christ Church Anglican. 2023. Louisville, KY

Mitchum, A. Getting Through the Winter Blues. Christ Church Anglican. 2023. Mission, KS.

Mitchum, A. Making Friends With Fire Alarms: Understanding and Working With Panic and Anxiety. Christ Church Anglican. 2022. Overland Park, KS

Mitchum, A. Losing My Religion: Understanding and Recovering from Religious Trauma. Christ Community Church. 2022. Kansas City, MO

Mitchum, A. What's Right With Me? A Psychobiological Understanding of Emotional Problems and Health. Christ Church Anglican. 2021. Overland Park, KS

Mitchum, A. The Forward Edge: working with emergent expressions of health in an inter-subjective therapeutic

context to cultivate change. The Greater Kansas City and Topeka Psychoanalytic Center. 2020. Overland Park, KS.

Mitchum, A., Zang, C. Booms Up: A Somatically Informed Self Psychological/ Relational Approach. The Christ Church Anglican. 2020. Atlanta, GA.

Bland, E., Mitchum, A. Tilted At Windmills: Faith and Mistrust in the Process of Transformation. The Christ Church Anglican. 2019. Dallas, TX.

Kuhnhausen, B., Mitchum, A. Sacrament of Story, Song and Laughter: A Dynamic and Relational Exploration of Comedy, Film and Music in Therapeutic Encounter.

Vogel, M., Mitchum, A. Rethinking the SelfObject: Holy Spirit, Boundaries & Virtues. The Christian Association for Psychological Studies conference 2017. Chicago, IL.

Mitchum, A., Bland, E. Getting Closer: Playing, Boundaries & Connection in Psychotherapy. The Christian Association for Psychological Studies conference 2016. Pasadena, CA.

Mitchum, A., Wood, G. (2016, February). Empathy in the Workplace. Employee 3 Education at A.B. May Heating & Cooling. Kansas City, MO.

Mitchum, A., Russell, B. (2015, April). Use of Psychoanalytic Self Psychology & Attachment Theory in the Treatment of Sexual Addiction & Other Harmful Behaviors. Continuing Education Unit Seminar. Mental Health America of the Heartland. Kansas City, KS.

Mitchum, A. (2015, February, March). Good Enough Parenting: Love and the Shaping Power of Relationships. Presented to parents at Church of the Resurrection, Leawood, KS.

Mitchum, A. Almond, J. Shanks, J. Soukup, J. Burford, D. Pappas, R. Jones, R. Hartke, J. Miles, R. (2014, July). Forgiveness. Mid-America Nazarene Masters in Arts Counseling Capstone Project presentation, Kansas City, KS.